**Meet the Therapists at the Supportive Solutions Counseling Offices**

**Laura Thompson, Licensed Mental Health Counselor**

**Experience:** over 15 years practicing as a mental health counselor in public and private school settings, outpatient mental health clinics and intensive case management, private practice

**Specialties & Client Focus:** males and females, ages 7+, trauma resolution therapy (EMDR and Progressive Counting), anxiety, PTSD, depression, child and adolescent issues, parenting support

**Hours:** Tues and Wed – 12–8 pm; Fri – 9-5 pm; Sat – 9–3 pm

**Payment:** accepts Fidelis Care, private pay ($75 per session), out of network reimbursement, FSA/HSA reimbursement

**Sandra Piwko, Licensed Clinical Social Worker – R**

**Experience:** 20 years practicing as a social worker in non-profit agency, Hospice Buffalo, private practice

**Specialties & Client Focus:** males and females, ages 7+, trauma resolution therapy (EMDR therapy, Progressive Counting), anxiety, depression, family and marital/relationship therapy, adolescent issues, parenting support, grief counseling

**Hours:** Tues – 9-5 pm; Thurs – 2–8 pm; Fri – 9-5; Sat – 9–3 pm

**Payment:** accepts Independent Health, BlueCross/BlueShield, Univera, private pay

**Lynette LaFalce, Licensed Clinical Social Worker – R**

**Experience:** 20 years practicing as a social worker in a non-profit agency interfacing with the child welfare system and various court systems and private practice

**Specialties & Client Focus:** males and females – early childhood through adult – divorce/separation, visitation/custody issues, mediation, parent co-ordination and high-conflict including co-parenting issues, Trauma trained, anxiety, depression, grief and loss, parenting support and training, child behavioral issues, healing from abuse and domestic violence

**Hours:** Mon – 12-8 pm; Wed – 9-5 pm; Thurs – 2–8 pm

**Payment:** accepts Independent Health, BlueCross/BlueShield, Univera, private pay

**Diane Elston – Marriage and Family Therapist Intern**

**Experience:** Currently obtaining her master’s degree in couples and family counseling at Medaille College and will go on to obtain her license as a marriage and family therapist (LMFT)

**Specialties & Client Focus:** marital/couples therapy, family therapy, parent support for children/adolescents

**Hours:** Mon, Tue, Wed, Fri – 5-9 pm

**Payment:** reduced rate for services - $35/per session